

Type 2 Diabetes Medication Instructions for Colonoscopy Preparation

You may need to alter your diabetes medications several days before your colonoscopy.

If you have Type 1 Diabetes, please review your medication instructions here.

If you have Type 2 Diabetes, please find your medication(s) on the list below and follow the instructions provided. Contact our office if your medication is not listed here or if you use an insulin pump.

1 week before your colonoscopy

- If you are taking dulaglutide (Trulicity), tirzepatide (Mounjaro), Wogevy, semaglutide (Ozempic) or Phentermine please make sure that your last dose was a week before your scheduled procedure.

2 days before your colonoscopy

- If you take empagliflozin (Jardiance), stop taking this today until the day after your procedure.

Day before your colonoscopy

- You won't be eating any solid foods today. Please review instructions for what you can eat and drink.
- Starting first thing in the morning, check your blood sugars every 4 hours if you can.
- Your blood sugar may drop more quickly than usual today because you can't eat solid foods. If you have symptoms of low blood sugar:
 - Treat with sugar or glucose tablets
 - Call our office with any questions

Type of Medication	Morning Dose	Afternoon or Evening Dose
Oral	Metformin (Glucophage), pioglitazone (Actose), linagliptin (Tradjenta) : Take your usual dose	Metformin (Glucophage): Take your usual dose
	Glipizide (Glucotrol): Take ½ your usual dose	Glipizide (Glucotrol): Take ½ your usual dose
	Empagliflozin (Jardiance): DO NOT TAKE	
Injected non-insulin: litraglutide (Victoza)	Take your usual dose	
Long-acting insulin: glargine (Lantus)	Take ½ your usual dose	Take ½ your usual dose
Intermediate-acting insulin: NPH, Humulin N, Novolin N	Take ½ your usual dose	Take ½ your usual dose
Rapid/short-acting insulin: lispro (Humalog), Humulin R, Novolin R	Take ½ your usual dose	Take ½ your usual dose
Premixed insulin: Humulin 70/30, Novolin 70/30, Novolog	Take ½ your usual dose	Take ½ your usual dose

70/30, Humulin 50/50, Humalog 75/25		
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Day of your colonoscopy

Before your appointment:

- Check your blood sugar after you complete the preparation solution.
- Follow the instructions below for your morning dose.

After your procedure:

- Eat a light meal.
- Take your usual afternoon or evening dose.

Day of colonoscopy medications instructions

Type of Medication	Morning Dose
Oral	Metformin (Glucophage), pioglitazone (Actos), linagliptin (Tradjenta): Take your usual dose Glipizide (Glucotrol), empagliflozin (Jardiance): DO NOT TAKE
Injected non-insulin: liraglutide (Victoza)	Take your usual dose
Long-acting insulin : glargine (Lantus)	If blood sugar is over 150: Take ½ usual dose If blood sugar is under 150: DO NOT TAKE
Intermediate-acting insulin: NPH, Humulin N, Novolin N	If blood sugar is over 150: Take ½ usual dose If blood sugar is under 150: DO NOT TAKE
Rapid/short-acting insulin: lispro (Humalog), Humulin R, Novolin R	DO NOT TAKE
Premixed insulin: Humulin 70/30, Novolin 70/30, Novolog 70/30, Humulin 50/50, Humalog 75/25	If blood sugar is over 150: Take ½ usual dose If blood sugar is under 150: DO NOT TAKE